

Hair loss is a major problem in today's life.

Previously we were seen that the people at the age 40 and above are facing these problem, but now days at the age of 15 and on words the young boys and girls are also in trap.

Reason--- sedentary life style,less exercise

Fast food, junk food ,more use of salts in diet,

Stale food etc,

Less intake of fresh fruits, milk, raw vegetables lead I

Lac of multivitamins and nutritious diet,

Irregular timing of life style, lunch and breakfast,

Insomnia, awakens,



Non-invasive hair loss treatment for men: minoxidil (topical) and finasteride (oral). Minoxidil is a vasodilator that increases blood flow to the hair follicles, while finasteride is a 5-alpha reductase inhibitor that blocks the conversion of testosterone to dihydrotestosterone (DHT), which is the primary hormone responsible for hair loss in men.